



Aspire Europe Limited

Helping organisations to manage change

APMG International Change Management™ Foundation & Practitioner

Introduction

This APM Group accredited course is based on The Effective Change Manager's Handbook.

The course focuses on the effects of change in four key areas: individual, organization, communication and stakeholder engagement and change practice. It is an intense course that requires delegates to prepare thoroughly and involves evening study. The course culminates in the Foundation Examination on Day 3 and the Practitioner exam on the morning of Day 5.

It is complementary to MSP®, M_o_R® and PRINCE2® but knowledge of these approaches is not a pre-requisite for attendance.

Target Audience

This course is ideal for:

- Staff involved in Change Management
- Those leading or about to lead Change
- Those seeking the Foundation and Practitioner qualification
- Team members being affected by or affecting Change, and individuals who will need to support their colleagues, team and organisation through change, and/or manage themselves through change

Course Benefits

- An internationally recognised APM Group course
- Understanding of the impacts of change
- Knowledge and understanding of how to support others through change
- Understanding to support the organisation through change

Duration: 5 days

Pre-Requisites: Some previous experience of change management or programme management would be useful but is not essential. There is some recommended pre-course reading and preparation.

Public Event: Public courses are designed to ensure sharing of individual's experiences and best practice in change management.

In-House: Can be tailored around a current or planned Change Programme to provide practical guidance and help with planning or transition.



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MSP®, M_o_R®, PRINCE2® and P3M3® are [registered] trade marks of AXELOS Limited, used under permission of AXELOS Limited. All rights reserved.

About Aspire Europe

We are a company with roots entrenched in change programme management and performance improvement. We have been at the forefront of leadership for 10 years, providing the lead authors for the 2007 and 2011 Managing Successful Programmes and the P3M3® Maturity Model for 2008 and 2013.

We see benefits management as critical to the success of change in organisations and have provided consultants to perform this activity in the past.

This 5 day course is busy, and for individuals coming from a project, programme, operations or senior management background it is a fascinating insight while at the same time putting in place essential foundations for the future.

We do everything in our power to help nurture you through to the standard required for the examination. We ensure that you have a good practical understanding of the impact change has on individuals, teams, organisations and leaders, and how that understanding can support successful delivery of the outcomes and benefits required.

We offer further accredited courses to continue this development.

Price on application

For more details please contact us

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Course Outline

Module	Content
Change and the Individual	<ul style="list-style-type: none"> • Learning process and styles • Learning dip • Models of individual change • Motivation • Individual differences
Change and the Organization	<ul style="list-style-type: none"> • Metaphors of organizations • Organization culture and change • Models of change • Key roles in organizational change • Drivers of change • Developing vision
Stakeholder strategy	<ul style="list-style-type: none"> • Principles • Identifying and segmenting stakeholders • Personas and empathy maps • Stakeholder mapping • Influencing strategies
Communication and engagement	<ul style="list-style-type: none"> • Communication biases • Feedback and communications approaches • Communicating change – factors, barriers and approaches • Communications channels (Push-Pull & Lean-Rich) • Planning communications
Change impact	<ul style="list-style-type: none"> • Identifying and assessing change impact • Stakeholder impact assessment • Change severity assessment
Change readiness	<ul style="list-style-type: none"> • Motivation to change and supporting individuals • Change agent networks • Building organizational change readiness • Building the change team • Change management plan • Preparing for resistance
Practitioner Workshop	<ul style="list-style-type: none"> • Training Planning • Project Management – change initiatives, projects and programmes
Sustaining Change	<ul style="list-style-type: none"> • Change levers • Levels of adoption • Reinforcing Systems
FOUNDATION & PRACTITIONER EXAMINATION	<p>Throughout the course, interwoven within the delivery of the theory and the practical examples of good practice, there is ongoing support and preparation for the examinations. We provide sample papers and worked exercises.</p>