



Aspire Europe Limited
helping organisations to manage change

APMG International Change Management™ Foundation Exam Workshop

Introduction

The course focuses on the effects of change in four key areas: individual, organization, communication and stakeholder engagement and change practice.

It is complementary to MSP®, M_o_R® and PRINCE2® but knowledge of these approaches is not a pre-requisite for attendance.

This is the 1 day approach to gaining the Foundation qualification. It is an intense course that will require delegates to prepare thoroughly via interactive learning prior to course attendance. The course includes the Foundation examination and prepares delegates for the Practitioner course should they wish to move on to that level.

Target Audience

This course is ideal for:

- Staff involved in Change Management
- Those leading or about to lead Change
- Those seeking the Foundation qualification
- Team members being effected by or effecting Change, and individuals who will need to support their colleagues, team and organisation through change, and/or manage themselves through change

Course Benefits

- An internationally recognised APM Group qualification
- Understanding of the impacts of change
- Knowledge and understanding of how to support others through change
- Understanding to support the organisation through change

Public Event: Price on application
In-House Event: Price on application



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MSP®, M_o_R® and PRINCE2® are [registered] trade marks of AXELOS Limited, used under permission of AXELOS Limited. All rights reserved.

About Aspire Europe

The case for using Aspire Europe is compelling; we are an Accredited Training organisation by APM, C4CM and The APM Group and an AXELOS Limited accredited consulting partner. Our trainers include mainly practicing consultants who have achieved Registered Consultant status.

The 1 day course is intense, and the sheer volume of information that has to be processed to achieve Foundation level can be challenging. Preparation is the key to success, which is why we provide a full i-learning course to help you arrive fully prepared for the exam.

Duration: 1 day

Pre-Requisites: Completion of the change management foundation interactive learning.

For more details please contact us

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Course Outline

| Module | Content |
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| Introduction | An Introduction to Change Management and the Change Management Foundation Examination |
| Change and the Individual | <ul style="list-style-type: none">• Learning process and styles• Learning dip• Models of individual change• Motivation• Individual differences |
| Change and the Organization | <ul style="list-style-type: none">• Metaphors of organizations• Organization culture and change• Models of change• Key roles in organizational change• Drivers of change |
| Communications and Stakeholder engagement | <ul style="list-style-type: none">• Communication biases• Feedback and communications approaches• Communicating change – factors, barriers and approaches• Communications channels (Push-Pull & Lean-Rich)• Planning communications |
| Change management Practice | <ul style="list-style-type: none">• Identifying and assessing change impact• Stakeholder impact assessment• Change severity assessment• Motivation to change and supporting individuals• Change agent networks• Building organizational change readiness• Building the change team• Change management plan• Preparing for resistance |
| FOUNDATION EXAMINATION | Throughout the course, interwoven with the delivery of the theory and the practical examples of good practice, there is ongoing support and preparation for the examination. |